

Milford Care Centre  
Social Work Department



**Bereavement  
support for children  
& teenagers**



**Bereavement Support Service**

# Bereavement support for children & teenagers

The Social Work Department at Milford offer a range of services to support bereaved children with the aim of providing the opportunity for children to express their loss, to try to make sense of what has happened, to find ways to remember the person who has died and to look at ways to cope with grief.

This support is offered through;

- Individual bereavement support sessions; this is where the child meets with a social worker to explore their loss
- 6 week support group; this allows children and teenagers to meet others who have been bereaved. 2 groups are offered according to age; National School age children & Secondary School children
- Family Day; this annual Day is offered to children and their parents to share their experience of grief in a social setting

**Where?** Milford Care Centre,  
Castletroy, Limerick.

If you would like further information about the Support for Bereaved Children programme please contact the Social Work Department during office hours on 061 485800

