

Milford Care Centre
Social Work Department



**Bereavement Support
Group for those grieving
the death of their
partner or spouse**



Bereavement Support Service

Bereavement Support Group for those grieving the death of their partner or spouse

Milford Care Centre Bereavement Service offers a support group specifically for people who have experienced the death of their partner or spouse.

The Partner's Bereavement Support Group provides a safe place where each person can share something of their experience of grief. It is not a counselling or therapy group, but rather an opportunity to meet with others in similar circumstances, providing both understanding and encouragement on how to cope with loss.

The Group generally has 8 to 10 participants and is led by two trained facilitators.

When? The Meetings are held once a week for 7 weeks on a Wednesday evening from 8.00pm to 10.00pm.

Where? Day Care Centre,
Milford Care Centre,
Castletroy, Limerick.

If you would like further information about the Bereaved Partners Group please contact the Social Work Department during office hours on 061 485800

