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MILFORD CARE CENTRE

WELCOMES YOU TO

ADVANCED PAIN & SYMPTOM MANAGEMENT

CONFERENCE

27TH APRIL 2018
CASTLETROY PARK HOTEL LIMERICK



8.00 - 9.00	Registration & Refreshments Venue: Business Centre, Barrington Suite
9.00 - 9.10	Welcome Address – Pat Quinlan , Chief Executive, Milford Care Centre
9.10 - 10.00	Session 1: Mechanism-based pain management in advanced disease: what are the key physiological, behavioural and health system interventions? Keynote Speaker: Professor Mike Bennett , Professor Mike Bennett, Professor of Palliative Medicine, St Gemma's Hospice, Director of the Academic Unit of Palliative Care at the University of Leeds, UK. Chair: Dr Michael Lucey
10.00 - 10.50	Session 2: Understanding and managing persistent cancer related fatigue Keynote Speaker: Dr Sonya Collier , Principal Clinical Psychologist, St. James's Hospital Chair: Dr Michael Lucey
10.50 - 11.20	Coffee Break
11.20 - 12.10	Session 3: Symptom management in patients with End Stage Kidney Disease (ESKD) Keynote Speaker: Dr Frank Brennan , Palliative Care Physician, Sydney, Australia Chair: Dr Sinead O Sullivan
12.10 - 1.00	Session 4: Screaming at the Sky and beyond - A journey into the inner world of the human experience to engineer an incubator for maverick spirits, constructive rebels, the architects of tomorrow. Keynote Speaker: Tony Griffin : Former athlete, long distance cyclist and current co-founding director of the award winning Irish not-for-profit The Soar Foundation BA, BSc, MA Leadership Chair: Dr Sinead O Sullivan
1.00 - 2.00	Lunch
2.00 - 2.50	Session 5: Assessment and Management of Delirium in Palliative Care: seeking a balanced strategy Keynote Speaker: Associate Professor Peter Lawlor , Consultant in Palliative Medicine, Bruyère Palliative Care Unit, Ottawa, University of Ottawa, Canada. Chair: Dr Feargal Twomey
2.50 - 3.40	Session 6: Hiding in Plain Sight: Do we really acknowledge and respond to chronic symptoms in patients whom we know well? Keynote Speaker: Professor Liam Plant , Consultant Renal Physician Cork University Cork and Clinical Professor in Renal Medicine Cork University Cork Chair: Dr Feargal Twomey
3.40 - 3.55	Coffee Break
3.55 - 4.45	Session 7: Unmasking chronic breathlessness - Palliative Care Research Network (PCRN) Keynote Speaker: Professor David Currow , Professor of Palliative Care, Palliative and Supportive Services, Flinders University, Adelaide, Australia Chair: Dr Feargal Twomey
4.45	Closing

PROFILES OF KEYNOTE PRESENTERS



Mike Bennett is the St Gemma's Professor of Palliative Medicine and is Director of the Academic Unit of Palliative Care. The Academic Unit is an internationally recognized multidisciplinary research and teaching unit based at the University of Leeds and St Gemma's Hospice, UK. He qualified from University of Birmingham in 1988 and completed an MD (doctoral thesis) in 1999 resulting in the LANSS Pain Scale, an internationally used tool for identifying neuropathic pain. In 2017, he secured formal University Teaching Hospice status for St Gemma's Hospice (first in the UK) where he works clinically 2 days per week.

His main research interests are in cancer pain and neuropathic pain, and evaluating interventions at the end of life. He currently leads an £2.2m NIHR Programme Grant and a £1.4m Yorkshire Cancer Research Programme Grant focused on early integration of palliative care and better pain management for cancer patients. Since taking up his post in Leeds, he has generated over £6.5m in research grants and awards. He has published over 200 papers in scientific journals. He chaired the Cancer Pain SIG for the International Association for the Study of Pain and chaired the NCRI Palliative and Supportive Care Clinical Studies Group from 2008 to 2014, and chaired the NICE guideline evidence review on Opioids in Palliative Care.

He led the writing of Core Standards for Cancer Pain which are now adopted into the NHS and form part of the CQC inspection framework, and led the writing of the cancer pain taxonomy for ICD-11 as part of the IASP task force. He co-leads an EFIC task force on European priorities for cancer pain management. He co-edited the book 'Practical Management of Complex Cancer Pain' which won the BMA Book of the Year in 2015. He has chaired various organizing and scientific committees for international conferences of the European Association for Palliative Care.

Dr Sonya Collier is a Principal Clinical Psychologist in St James's Hospital, Dublin and an adjunct assistant professor in cognitive psychotherapy at Trinity College Dublin. She is a graduate of the School of Psychology, Trinity College Dublin and of the University of Oxford. Together with Dr Anne-Marie O'Dwyer, Consultant Psychiatrist, she established the HSE award winning Psycho-Oncology Service in St James's hospital in 2002.



She is a lecturer and supervisor on the Doctorate in Clinical Psychology Training Programme in Trinity College Dublin and on the Cognitive Behavioural Therapy Masters Programme also in Trinity College. She is co-author of the award-winning "Understanding and Managing Persistent Cancer-Related Fatigue, a Self-Help Programme Using Cognitive Behavioural Strategies."

Her clinical and research interests are in the development of cognitive behavioural interventions for alleviating distress caused by cancer and/or its treatment



Dr Frank Brennan is a Palliative Care Physician based in Sydney, Australia. For several years he has worked within the Department of Nephrology at St George Hospital, Sydney in a Renal Supportive Care Service. This is the first position created in Australia.

The Service hosts annual symposia on Renal Supportive Care and, in August 2015, hosted the first National Renal Supportive Care Master Class for Specialist Registrars and Consultants in Palliative Medicine, Nephrology, Geriatrics and Family Practice. He co-conducted a similar Master Class in Dublin in 2015. In 2003 Dr Brennan worked at St Luke's Hospital, Rathgar in Dublin and Milford Care Centre, Limerick.



Tony Griffin played at the highest level in Ireland's native game, Hurling for 14 years winning an 'All Star' in 2006. In 2007, against the advice of family and coaches and to the indignation of many supporters he cycled a bicycle 7000Kms across Canada raising, €1,000,000 for cancer care and research in the process. The best-selling book "Screaming at the Sky" documents this journey.

In his role as Managing Director of the Soar Foundation which he co-founded he leads an organisation that works with young people aged 13-18 and exists to champion their potential.

A catalytic Irish organisation Soar run's programs and workshops for teenagers developing their wellbeing aimed at releasing and cultivating youth potential. 95% of young people say they would recommend Soar's programs to a friend. An award winning social enterprise with charitable status, Soar has delivered programs to 28,000 teenagers in 165 schools across the nation since 2012. To fund this, they have privately generated €2.5 Million. Tony Griffin brings his experience in leadership development and skill acquired working with human potential to his work with adults through his role as the European Director of Melbourne-based Tomorrow Architects.

Dr Peter Lawlor is physician in the Bruyère Palliative Care Unit, Ottawa and is an Associate Professor in the Division of Palliative Care and Dept of Medicine, University of Ottawa since January 2010. His research interests, on which he has published and lectured extensively, include delirium, pain assessment and opioid side-effects. Dr Lawlor graduated from medical school in 1983. Following postgraduate training in Dublin and a general practice trainee year in the UK, he moved to Canada.



In 1996 he completed a Palliative Medicine Fellowship at the University of Alberta, subsequently working with the Edmonton Palliative Care Program. From 2004 - 2009 he worked as a consultant in Palliative Medicine at St James's Hospital and Our Lady's Hospice & Care Services, Dublin.



Liam Plant Having graduated from Medicine, Liam completed General Professional Training in Medicine in Cork. He was appointed Consultant Renal Physician in the Department of Renal Medicine at the Royal Infirmary of Edinburgh in 1996 and Honorary Senior Lecturer in Medicine at The Edinburgh University Medical School in 1998, he returned to Cork in 2001. Since then he been a Consultant Renal Physician at Cork University Hospital and is also Clinical Professor in Renal Medicine at University College Cork Medical School.

His interests include Renal Transplantation; Renal Home Dialysis Therapies; Haemodialysis; Low Clearance Kidney Disease; Acute Kidney Injury; Disorders of Fluid & Electrolyte Balance; Renal Disease in Pregnancy; Renal Disease in Cystic Fibrosis; Adolescent Transition; Quality of Life in Kidney Disease; Ethical Aspects of Kidney Disease; Organisation and Development of Renal Services. He has authored or co-authored over 60 medical publications and is a frequent invited contributor to regional, national and international medical conferences. He was awarded the 2015 Windle Award for his Contribution to UCC Medical School Teaching and Student Development. He is a member of the Board of Marymount University Hospital & Hospice.

Liam chaired the Irish National Renal Strategy Review (2003-2009) and has been the National Clinical Director of the HSE National Renal Office (NRO) since 2009. The NRO is responsible for planning, coordinating and managing the strategic framework of Renal Services across Ireland.

David Currow is Professor of Palliative Medicine at University of Technology Sydney, the Matthew Flinders Distinguished Professor of Palliative and Supportive Care, Flinders University and Associate Director (Research) at the Wolfson Palliative Care Research Centre, University of Hull, England.



Research includes clinical trials, use of large datasets to understand better the impact of life-limiting illnesses on patients and caregivers, and codifying the evidence base underpinning palliative care. Research funders include the National Health and Medical Research Council and the National Institutes of Health (USA). He is the principal investigator for the Palliative Care Clinical Studies Collaborative (PaCCSC) which has randomised more than 1850 palliative care patients across 21 sites to phase III symptom control studies. He is a foundation partner in the Australian Palliative Care Outcomes Collaborative (PCOC), an initiative to improve systematically clinical outcomes in palliative care.

David has published more than 500 peer-reviewed articles, editorials and books. He is senior associate editor of Journal of Palliative Medicine and on the editorial boards of Journal of Pain and Symptom Management, BMJ Supportive and Palliative Care and the Journal of Oncology Practice. David is a former president of Palliative Care Australia and the Clinical Oncological Society of Australia.